

5 THINGS you might not know about HOSPARUS

By Amy Higgs Photo Aubrey Hillis

Hosparus Health's Executive Director of Palliative Care, Denise Gloede RN, MSN, CHPN, talks about advanced illness care and gives us the inside scoop on the top questions being asked about this new program Hosparus Health provides.

1

What does "advanced illness care" mean?

Also called palliative care, advanced illness care is supportive care for people with serious illness that's provided wherever a patient calls home. It focuses on the whole person, optimizing quality of life and minimizing suffering by anticipating, treating, and even preventing disease symptoms. Our specially trained team of professionals works together with a patient's doctors and healthcare providers to provide an extra layer of support. Care also extends to the patient's family because we know family members are actively involved in their loved ones' care and need support, too.

2

What can I expect to get out of advanced illness care?

In addition to pain and symptom management, our Care Team provides care coordination and will work with you to develop an individualized care plan that aligns with your goals and values. We can also assist with advance care planning, and we offer counseling and spiritual support to both you and your family.

3

Is advanced illness care the same as hospice care?

Not exactly. Hospice care serves patients with a life expectancy of six months or less. Advanced illness care is for patients at any stage of serious illness who may not be eligible for hospice, either because of treatment preferences or because their illness is not considered terminal.

4

What are some outcomes I might expect from advanced illness care?

You may experience relief from symptoms like pain, shortness of breath, fatigue, constipation, nausea, loss of appetite, and difficulty sleeping. You can also expect close communication and more control over your care.

5

How do I know if advanced illness care is right for me?

Advanced illness care might benefit you if you're dealing with one or more serious illnesses. You can have this type of care at the same time as treatment meant to cure you. People living with a diagnosis of lung disease, congestive heart failure, cancer, dementia, diabetes, and neurologic conditions such as stroke, MS or ALS, among many other conditions, can all benefit from this type of supportive care.



Caption here XXXX XXXX

"Your Hosparus Health Care Team will listen to you, provide information about your illness, and identify options for improving your quality of life. They help make sure your care is coordinated and aligned with your goals and preferences – ultimately allowing you more control over your care."

Hosparus Health has been the leader in care for the chronically ill for 40 years, providing compassionate hospice and palliative care to 7,500 patients and families in Kentucky and Indiana each year. At the forefront of healthcare innovation, Hosparus Health believes the time is now to move toward a model of person-centered care navigation that helps people make the most of not just their final days, but their final weeks, months, and even years.

That's why the nonprofit has responded to today's ever-changing healthcare landscape by expanding its focus beyond traditional hospice to include comprehensive advanced illness care and management. Many people don't understand that Hosparus Health's care is not about giving up hope. In fact, it's designed to help anyone dealing with serious illness shine as long and as bright as they can.

**Hosparus Health Helps
Patients Shine as Long
and as Bright as They Can**



HOSPARUS

The earlier you call, the more we can help.

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